



Dakota Boys and Girls Ranch is a Christ-centered residential treatment and educational center for children and their families, a place where we look the most troubled, complicated, and amazing kids in the eye, walk with them, and help them become their best selves in this world and in Christ.



DakotaRanch.org

**ACCESS TO ON-
CAMPUS RESOURCES,
24 HOURS A DAY**

At the Ranch, children have access to resources they can't get anywhere else. Our on-site clinical staff includes therapists, nurses, psychologists, addiction counselors, occupational therapists, and a psychiatrist. We also work with primary medical providers at each location to provide medical care for the children.

While they are with us, children receive a quality education through Dakota Memorial School, our on-campus school that specializes in creating a successful learning environment for children with special psychiatric and behavioral challenges. Dakota Memorial School also educates Day Students—students who are living at home but benefit from the smaller classroom sizes and a learning environment focused on their unique needs.

Our highly trained Youth Care Workers care for the children throughout the day and night—providing trauma-focused care and support, accompanying them to on and off-campus appointments, going with them to school, taking them on community outings, playing games with them, and watching over them at night.

Dakota Boys and Girls Ranch is a place of hope and healing unlike any you've known, a place where troubled kids, ages 10-18, and their families, find professional care, compassionate expertise, and new possibilities.

Children who come to the Ranch have a structured and safe environment in which to live, learn, and heal. They also have 24-hour access to highly trained and qualified staff who provide structure, direction, and modeling—teaching them the skills they need to lead productive and satisfying lives.

The Ranch helps children that no one else can. We provide unparalleled care, expertise, and presence in the name of Christ to keep today's troubled kids from becoming tomorrow's troubled adults.

Residential Treatment Programs

Dakota Boys and Girls Ranch provides two types of residential treatment for children—Psychiatric Residential Treatment Facilities (PRTF) and Qualified Residential Treatment Programs (QRTF):

Psychiatric Residential Treatment Facilities (PRTF)

Our Psychiatric Residential Treatment Facilities, located in Minot, Bismarck, and Fargo, ND, provide the highest level of psychiatric residential care available for children in North Dakota. Our multi-disciplinary teams provide specialized programming and therapy for children with chronic psychiatric and behavioral health issues.

In addition to a safe and secure living environment and

psychiatric care, children at the Ranch receive medical care, a quality education through Dakota Memorial School, wellness and recreational services, and robust spiritual life programming.

Qualified Residential Treatment Programs (QRTF)

Our Qualified Residential Treatment Programs (also known as group foster care) are for children who need a safe place to live, along with supportive services. In addition to receiving their basic needs of food and shelter, the children have access to all the resources available at the Ranch—therapy, recreation therapy, occupational therapy, and spiritual life services.



Children at the Ranch participate in weekly individual and group therapy to meet their unique needs.

The Ranch's Qualified Residential Treatment Programs are perfect for children who are able to succeed in an environment less structured than that of the PRTE. In many cases, transitional services at the QRTP's provide support for children as they transition back home and into the community. In other cases, our independent living program assists residents as they transition to adulthood. The Ranch's Qualified Residential Treatment Programs are located in Minot and Fargo.

Educational Programs

Dakota Memorial School (DMS)

Dakota Memorial School, located on the Ranch's Minot, Bismarck, and Fargo campuses, provides a unique Trauma-Sensitive Learning Environment that gives students an opportunity to experience school in a new way. In addition to students who live in one of our residential facilities, we have a Day Program for students who are able to live at home but need additional support at school.

For most of our students, this is the first time they have had the opportunity to experience school success. They walk into our school burdened with fear: fear of repeating bad grades and/or loss of credits, fear of teachers ignoring them, fear of being sent home due to inappropriate behaviors, and fear of being seen as a failure. DMS educators work with students to turn these fears into new academic and study skills, new social and emotional skills, new strategies to manage inappropriate behaviors, and new ways to feel and experience school success. At DMS, we turn our students' fears into hope.

Dakota Memorial School System is accredited by Cognia, the largest community of education professionals in the world. The rigorous accreditation standards align with Trauma-Sensitive Learning Strategies to ensure our students receive the highest level of education.

Good nutrition is a critical component in a child's ability to attain psychological and physical health.



Teachers at Dakota Memorial School believe every child is capable of academic success.



A SAFE PLACE TO GROW AND HEAL

The residential environment at the Ranch provides a safe place for children to practice new skills and transition the learning to their community and home environment.

Because Ranch staff work so closely together, the children can practice new skills and tools in therapy, at school, and in the residential environment. Repetition of these skills, provided with positive reinforcement from all staff involved in each child's care, encourages and maintains growth.

A NOTE ABOUT TRAUMA

Most children arrive at the Ranch having experienced significant trauma in their lives. We weave trauma-informed practices into all residential and educational programs.

Employees are trained to understand the impact of trauma on children, from the neurological, biological, psychosocial, and social perspectives. As a part of trauma-informed care, we screen and assess all children for Adverse Childhood Experiences (ACEs) and provide specialized trauma therapies when the children and their families are ready.

Making a referral

To refer a child to Dakota Boys and Girls Ranch, you must complete the “Universal Application for Residential Placement.” You can access the application at DakotaRanch.org, or by contacting the Ranch Admissions Team at 1-800-593-3098. If you have any questions, we will help you determine if the Ranch is the right place for your child, and walk you through the process. To refer a student to our Day School Program, contact Dakota Memorial School at 701-857-4211.

What does it cost?

Costs vary from program to program, but the Ranch accepts many forms of payment for services including self-pay, Medicaid, and commercial insurance such as Blue Cross Blue Shield. If a child is under the care and custody of the Division of Juvenile Services (DJS) or county/tribal social services, funding is available to cover room, board, aftercare services, and more. The education provided by Dakota Memorial School is usually covered by the child’s home school.

Our Admissions Coordinator will work with you to determine available coverage for residential treatment and education costs—call 1-800-593-3098.

Outpatient Treatment Services

Dakota Family Services is a highly trusted and respected psychology, psychiatry, and therapy clinic, a place where we help people of all ages improve their overall mental health and well-being through our personalized approach, trusted expertise, and unconditional presence. In short, we help people feel better and become their best selves.

Outpatient clinics in Fargo and Minot provide individual therapy, medication management, and psychological testing.

Dakota Family Services works closely with patients, their families, and insurance companies to determine all possible payment options. We are an in-network provider for many major insurance companies and managed care plans.

Our multi-disciplinary team of clinicians includes a Psychiatrist (MD), Nurse Practitioners, Clinical Psychologists, Licensed Master Social Workers, and Licensed Professional Clinical Counselors. All are well-trained and represent the highest level of clinical expertise. The clinical team at Dakota Family Services is highly committed to helping people find their voice, their strength, and their success.

Learn more, and hear from some of our clients, at DakotaFamilyServices.org. To make an appointment or ask about payment options, call 1-800-201-6495.



Psychological services, provided in an adolescent-friendly environment, match the therapy modality to the needs and interests of the child, adolescent, or adult client.



Treatment coordinators and case managers integrate input from clinical staff, school personnel, families, and the children themselves to create individualized treatment plans for each child.

FOCUS ON THE FAMILY

Family involvement is vital to a child's success in completing treatment and achieving long-term recovery. By providing family therapy, coaching, parenting education, open communication, and support, the Ranch helps families address their own issues—both with the child and in other areas. Our goal is not to help kids be really good at living in treatment, but to help them be successful in their home environment. Open communication and work with families throughout the treatment process leads to lasting recovery.



Our office and admissions staff are available to answer all of your questions.



Ranch staff create a safe, family environment for our children to live, learn, and heal.



Medical staff are on-site and on call, 24/7.

RELATIONSHIPS BUILT ON TRUST

We believe relationships built on trust are vital to each child's successful journey through treatment. Many of the children who come to the Ranch have trouble trusting other people because they have had that trust broken many times in their young lives.

Every child is assigned a primary care provider who focuses on building trust with the child and acts as their go-to person. A child's primary is responsible for ensuring treatment goals and actions are being accomplished and that the child feels safe. All staff at the Ranch come together to create an environment where children can be successful.

Predictability and stability, something many of our children haven't experienced, is incorporated into the children's lives by maintaining consistent staff schedules and incorporating routine into each day. Predictability creates an environment that helps build trusting relationships between the children and the staff who work with them each day.



Horses, along with occupational and mental health therapists, facilitate healing for Ranch children.

Donor Support Provides Additional Resources for Children

Prescribed services, such as therapy and residential care are reimbursed in a variety of ways including Medicaid and private insurance companies.

Thanks to our generous donors and the income from our **nine thrift stores**, we are able to provide additional resources for the children and their families—resources that can lead to greater success.

Blessings provided by our donors include:

- Beautiful and impeccably-kept buildings and grounds.
- Spiritual Life Programs to include Chapel Services, individual spiritual guidance, spiritual life groups, Bibles, and Bible study materials.
- Balanced learning environments in our classrooms to meet the specific needs of our children.
- Sensory rooms filled with tools children can use to prevent or de-escalate a crisis. Our occupational therapists assist children in identifying the sensory tools that help them feel safe and de-escalate their emotions.
- Equine-facilitated psychotherapy.
- Prayer gardens on each campus.
- Special training opportunities for education and treatment staff.
- Post-secondary scholarships for former residents.

- Transition plans and tools for children as they transition from the Ranch back to home and their home school.
- Christmas gifts for all the children.
- Graduation gifts for our Dakota Memorial School graduates.
- Furnished libraries on all three campuses.

Kids strengthen literacy and communication skills through access to on-site libraries and other resources.



Our chaplain and spiritual life specialists help children examine their spiritual beliefs and find hope.

Each child has a primary youth care worker who provides daily support, encouragement, and understanding.



SPIRITUAL LIFE AT THE RANCH

Our ministry's success in serving children and families is attributed in great part to our Spiritual Life Program. While the program is voluntary, children are encouraged to participate in Chapel, Christian education, and spiritual life groups, as well as to meet individually with our on-campus Pastors, Chaplain, or Spiritual Life Specialists.

Children who choose to not take part in spiritual life activities participate in a values program—which teaches many of the same values of love, compassion, and forgiveness, but without a religious connection.

DAKOTA BOYS AND GIRLS RANCH LOCATIONS

BISMARCK
1227 35th St. N
Bismarck, ND 58501

FARGO
7151 15th St. S
Fargo, ND 58104

MINOT
6301 19th Ave. NW
Minot, ND 58702

Main Phone: 1-800-593-3098
Foundation Phone: 1-800-344-0957

**The mission of Dakota Boys and Girls Ranch
is to help at-risk children and their families
succeed in the name of Christ.**



DakotaRanch.org

